

# Curriculum Vitae

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## Rev. Philip A. Meher, M. Ed., MA, LCMHC, LCPC

New England Anger Management & Mental Health  
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(Updated: March 2022)

### SUMMARY

- 35 plus years pastoral counseling/couples counseling experience
- 12 years pastoral/clinical mental health counseling with military combat veterans
- 16 years specialized work with anger management/groups
- 10 years specialized work with domestic violence/batterer intervention groups
- Certifications/special training in trauma therapy/couples' therapy (PE, CPT, Gottman)
- Certifications to lead group marriage/couples' seminars (PREP, LINKS)
- Specialized training to lead suicide prevention workshops (ASIST)

### EDUCATION

- May 2012      **Master of Education, Clinical Mental Health Counseling (GPA - 3.97)**  
Plymouth State University, Plymouth NH
- May 1987      **Master of Arts, New Testament Theology**  
Gordon-Conwell Theological Seminary, South Hamilton MA.
- May 1984      **Bachelor of Science, Pastoral Studies/Theology (Cum Laude)**  
Valley Forge Christian College, Phoenixville PA
- May 1982      **Associate of Arts, Liberal Arts Studies (Cum Laude)**  
Holyoke Community College, Holyoke MA

### LICENSES AND CERTIFICATIONS

- 2020      **Licensed Clinical Professional Counselor (LCPC)**  
State of Maine (#CC5538)
- 2019      **Danger Assessment Certification** (Interpersonal-Domestic Violence)  
(Dangerassessment.org), Jacquelyn C. Campbell, Ph.D., R.N.)
- 2019      **ASIST Master Trainer (Applied Suicide Intervention Skills Training)**  
Living Works Education, Calgary Alberta Canada
- Certified Gottman (Marriage/Couples) Therapist**  
The Gottman Institute, Seattle, WA
- 2016      **Certified Prolonged Exposure Therapist (PTSD)**  
Center for the Treatment & Study of Anxiety, University of Pennsylvania

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- 2016      **Certified Cognitive Processing Therapist (PTSD)**  
Veterans' Health Administration
- 2014      **Licensed Clinical Mental Health Counselor (LCMHC)**  
State of New Hampshire (#1072)
- 2014      **Registered ASIST Trainer (Applied Suicide Intervention Skills Training)**  
Living Works Education, Calgary Alberta Canada
- 2011      **Family Life Chaplain Designation, United States Army**  
Army Family Life Chaplain School, Fort Bragg, NC
- 2010      **Strong Bonds Marriage Seminar Provider (US ARMY)**  
US Army, Fort Jackson, SC
- 2010      **L.I.N.K.S Marriage Seminar Provider (US ARMY)**  
US Army, Fort Jackson, SC
- 2007      **Certified Anger Management Trainer (Intermediate)**  
What's Good About Anger Institute, Chicago, IL
- 1992      **Ministerial Ordination (current - Christian and Missionary Alliance)**  
Alliance New England, South Easton, MA
- 1987      **Prepare/Enrich Certification (Premarital/Marriage Counseling Inventory)**  
Prepare-Enrich, Roseville, MN

### PROFESSIONAL WORK EXPERIENCE

- 04/2020 – 02/2022      **United States Army Reserves**  
**US Army Hospital Chaplain, 399<sup>th</sup> Combat Field Hospital, Taunton MA**
- 11/2017 – Present      Lewiston Vet Center (Veterans Administration); Lewiston, ME  
**Readjustment Counseling Therapist/Marriage-Family Therapist**
- 01/2012 – 11/2017      Manchester Vet Center (Veterans Administration); Manchester, NH  
**Readjustment Counseling Therapist**
- 09/2009 – 10/2018      New Hampshire Army National Guard; Concord, NH  
**US Army Chaplain, 197<sup>th</sup> Fires Brigade**
- 09/2008 – Present      New England Anger Management & Mental Health; Plaistow, NH  
**Pastoral/Clinical Mental Health Counselor**
- 09/2008 – 01/2012      Ana Jaques Hospital; Newburyport, MA  
**Psychiatric Counselor (Per Diem)**
- 09/2008 – 01/2010      Holy Family Hospital; Methuen, MA  
**Mental Health Counselor**
- 09/2004 – 09/2008      Haverhill Alliance Church; Haverhill, MA  
**Senior Pastor**

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- 01/2002 – 10/2003 Lighthouse Mission Ministries; Bellingham, WA  
**Anger Management/Life Skills Group Instructor (Part-Time)**
- 09/1999 – 10/2003 New Life Fellowship Church; Lynden, WA  
**Senior Pastor**
- 09/1996 – 09/1999 Christian Assembly of God Church; Zion, IL  
**Senior Pastor**
- 01/1996 - 09/1996 Teen Challenge Ministries; Chicago, IL  
**Interim Education Director (Drug/Alcohol Rehabilitation)**
- 04/1991 – 12/1995 Elm Street Congregational Church; Fitchburg, MA  
**Senior Pastor**
- 01 /1988 - 03/1989 Christian Trinity Church; Eastpointe, MI  
**Youth Minister**
- 09/1984 - 12/1987 Elm Street Congregational Church; Fitchburg, MA  
**Youth Minister (Part-time)**

### PROFESSIONAL MEMBERSHIPS/INVOLVMENT

- 1999 - present Christian & Missionary Alliance (Ordination - Colorado Springs Colorado)
- 2009 - 2018 New Hampshire Army National Guard, 197<sup>th</sup> Fires Brigade (Concord, NH)
- 2015 - 2017 Justice Involved Veterans Task Force, NH Department of HHS
- 2004 - 2008 Greater Haverhill Clergy Association (Haverhill MA)
- 2005 - 2006 Civil Air Patrol Chaplain, Essex County Composite Squadron (MA)
- 2000 - 2002 Citizenship Committee, Lynden Middle School (Lynden, WA)
- 1998 - 1999 Mayor's Beautification Committee, Chairman (Zion, IL)
- 1994 - 1995 Fitchburg Pledge for Peace Campaign (Fitchburg, MA)
- 1994 - 1995 Montachusett Council of Churches, VP for Outreach (Fitchburg, MA)
- 1988 - 1999 Assemblies of God (Ordination - Springfield, MO)

### AWARDS AND ACHIEVEMENTS:

- 2016 Promotion, Major, US Army Chaplain, NH Army National Guard
- 2011 Meritorious Service Medal (MSM), US Army Combat Deployment
- 2011 Army Reserve Component Achievement Medal (ARCAM)
- 2011 National Defense Service Medal (NDSM), US Army
- 2011 Army Service Ribbon (ASR)
- 2011 Overseas Service Ribbon (OSR), US Army
- 2011 Armed Forces Reserve Medal (AFRMM)
- 2011 Global War on Terrorism Expeditionary Medal (GWOTE)
- 2011 Global War on Terrorism Service Medal (GWOTSM)
- 2010 Direct Commission, Captain, US Army Chaplain, NH Army National Guard
- 1984 Cum Laude Graduate, Valley Forge Christian College
- 1982 Cum Laude Graduate, Holyoke Community College

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## PROFESSIONAL DEVELOPMENT

(note: "VA-TMS" refers to the Veterans Administration Training Management System - online training)

### 2022

March **CogSMART/Compensatory Cognitive Training for Service Members and Veterans with Neuropsychiatric Conditions.** Center For Deployment Psychology. Dr. Elizabeth Twamley. March 16, 2022. 1.5 CEU

### 2021

August **Skills Training for Evaluation & Management of Suicide.** VA-TMS. August 19, 2021. 1 CEU

April **The Grief Summit: Grief Counseling & Treatment in a Pandemic of Loss:** PESI Live Webinar, April 29-30, 2021. 12 CEU

**Basic Life Support Certificate**-American Red Cross, 399<sup>th</sup> Combat Support Hospital, Taunton, MA 4/9/21

February **Applying Whole Health in Clinic Care.** VA-TMS. February 10, 2021. 6 CEU

January **Behavioral Approaches In Treating Generalized Anxiety Disorder** (Live Stream Webinar). Center for The Treatment & Study of Anxiety, University of Pennsylvania. January 22, 2021 (Co-Sponsored by the Philadelphia Behavior Therapy Association). 3 CEUs

January **Lethal Means Safety Training.** VA-TMS. January 28, 2021. 1 CEU

### 2020

December RCS National Grand Rounds: **Substance Abuse/Addiction & Stress Related Influences.** Dr. Patrick OKeefe. December 11, 2020. TMS-VA Education System. 2 CEUs.

May **Intimate Partner Violence (IPV) & Couples Therapy: Clinical Considerations & Treatment Options.** VA-TMS Live Training, Brandi Luedtke, Psy.D, HSPP, 1.5 CEU, May 26, 2020

### 2019

November **Intimate Partner Violence Risk & Lethality Assessment: Implications for Women's Safety.** VA-TMS Live Training, Jacquelyn C. Campbell, Ph.D., R.N. 3.5 CEUs, November 13, 2019.

June **CAMS-CARE: Assessing & Treating Suicidal Risk.** David A. Jobes, Ph.D, ABPP. American Association of Suicidology – 3 CEUs. June 18, 2019.

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- May            **Complete Gottman (Marriage/Couples) Consultation for Certification**  
The Gottman Institute, Seattle, WA (begun February 2017)
- VHA Intimate Partner Violence (IPV) Assistance Program Training Series –  
Program Evaluation, Metrics, and Best Practices (TMS):** May 22, 2019, LeAnn  
Bruce, PhD, LCSW, National Program Manager, Intimate Violence Partner Assistance  
Program
- March         **Readjustment Counseling Service Training (PTSD/Suicide/Trauma/Ethics)**  
RCS, Mystic, CT, March 18-22, 2019 (27.5 CEU hours)
- January       **VHA Intimate Partner Violence (IPV) Assistance Program Training Series: –  
Overview & Introduction (TMS):** January 23, 2019, LeAnn Bruce, PhD, LCSW,  
MVF-CSW, Veterans Health Administration, (1.5 CEU)
- Trauma Informed Guilt Reduction Therapy** (Norman Sonya, Ph.D.)  
Tampa Florida Vet Center (2 hour V-TEL Training at Lewiston, ME Vet Center)

### **2018**

- September   **Privacy and HIPAA Training (VA-TMS) (1 CEU)**  
**Government Ethics – The Essentials (1 CEU)**  
**Prevention of Workplace Harassment/No FEAR (1.5 hours)**  
**Suicide Risk Management For Clinicians (Refresher) (1.5 hours)**  
**Social Work Leadership – Ethics in Leadership & Health Care (1 CEU)**
- August       **Readjustment Counseling Service Training (PTSD/Suicide/Trauma/Ethics)**  
RCS, Baltimore, MD, August 14-17, 2018 (23 CEU hours)
- April          **Acceptance & Commitment Therapy: 2-Day Intensive ACT Training**  
PESI, Taunton, MA (12.5 CEU hours)

### **2017**

- September   **Suicidal Risk Management For Clinicians**  
VA-TMS (1 CEU)
- March         **HeartCode BLS (Basic Life Support)**  
Veteran's Administration (online and practicum)
- February      **Prevention & Management of Disruptive Behavior Level II**  
Veterans Administration
- February      **Begin Gottman (Marriage/Couples) Consultation For Certification**  
The Gottman Institute, Seattle, WA

### **2016**

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December	<b>Cognitive Behavioral Therapy for Depression (CBT-D)</b> Center for Deployment Psychology (13.5 CE hours, online training)
November	<b>Level 3 Clinical Training: Gottman Method Couples Therapy, Practicum Training</b> National Marriage Seminars, Memphis, TN (20 CE hours)
October	<b>Standards of Ethical Conduct, Professional Boundaries (VA, TMS) (1 CEU)</b>
September	<b>Annual Government Ethics Training (VA, TMS) (1 CEU)</b>
September	<b>Privacy and HIPAA Training (VA, TMS) (1 CEU)</b>
July	<b>Prevention of Workplace Harassment/No FEAR (VA, TMS) (1 CEU)</b>
June	<b>Level 2 Clinical: Gottman Couples Therapy, Assessment, Intervention/Co-Morbidities</b> National Marriage Seminars, Orlando, FL (20 CE hours)
March	<b>Overseas Deployment Training, US Army Chaplains</b> USAG, Grafenwoehr Army Base, Grafenwoehr, Germany (3 weeks)

### **2015**

December	<b>VA Privacy/Information, Security Awareness, Rules of Behavior (VA-TMS) (1 CEU)</b>
October	<b>Cognitive Processing Therapy (CPT) for PTSD: Veteran/Military Version</b> VA Employee Education System, Auburn, MA (20 CE hours)
October	<b>Counseling Abusers (Domestic Violence): Advanced Training for Group Leaders</b> Emerge, Dr. David Adams, Cambridge, MA. (14 CE hours)
September	<b>Annual Government Ethics Training (VA-TMS) (1 CEU)</b>
September	<b>Privacy and HIPAA Focused Training (VA-TMS) (1 CEU)</b>
September	<b>Level 1 Clinical: Gottman Method Couples Therapy, Bridging the Couple Chasm</b> National Marriage Seminars, Long Island City, NY (12 CE hours)
July	<b>PTSD Consultation: Cognitive Processing Therapy (VA-TMS) (1 CEU)</b>
June	<b>Standards for Ethical Conduct, Professional Boundaries (VA-TMS) (1 CEU)</b>
June	<b>NH DHHS, Justice Involved Veterans Conference</b> Veterans Involved Justice Task Force, NH DHHS (5 CEUs)
June	<b>Non-Medication Treatments for ADHD</b> Dr. David Nowell, PH.D, PESI, Manchester, NH (6.25 CE hours)
April	<b>VHI: Military Sexual Trauma Web Course (VA-TMS) (2.5 CEU)</b>
March	<b>Killing In War: Research and Treatment (VA-TMS) (1 CEU)</b>
February	<b>DSM-5 Training: What You Need To Know (VA-TMS) (1 CEU)</b>
January	<b>PTSD and Patient Engagement in Evidence Based Practice (VA-TMS) (1 CEU)</b>
January	<b>VA Privacy and Information Security Awareness and Rules (VA-TMS) (1 CEU)</b>

### **2014**

December	<b>Healing the Angry Brain</b> Dr. Ron Potter-Efron, PHD, LICSW, CADCI, PESI, Manchester NH (6 CE hours)
December	<b>PTSD and Cannabis Use (VA-TMS)(1 CEU)</b>
October	<b>The Dissociative Subtype of PTSD (VA-TMS)(1 CEU)</b>
August	<b>When to Consider DBT for Patients with PTSD (VA-TMS)(1 CEU)</b>
August	<b>Privacy and HIPAA Focused Training (VA-TMS)(1 CEU)</b>
August	<b>Caring for Women Veterans (VA-TMS)(1 CEU)</b>
August	<b>Prevention of Workplace Harassment/No Fear (VA-TMS)(1 CEU)</b>
August	<b>Annual Government Ethics Training (VA-TMS)(1 CEU)</b>
August	<b>Suicide Risk Management Training For Clinicians (VA-TMS)(1 CEU)</b>
August	<b>VA Privacy and Information Security Awareness and Risk (VA-TMS)(1 CEU)</b>
May	<b>Using Prolonged Exposure in Clinical Practice</b> Dr. Claudia Zayfert, NH Mental Health Symposium (8 hours)
March	<b>Substance Abuse Subtle Screening Inventory (SASI), Clinical Interpretation</b> NH DHHS, Manchester, NH (3.5 hours)

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January **Introductory Domestic Violence Training: Counseling Abusers**  
Emerge, Dr. David Adams, Cambridge MA (20 hours)

Jan/Sept **Batterer Intervention Group Observation**  
Emerge, Cambridge, MA (6 groups, 12 hours)

### **2013**

December **Prevention and Management of Disruptive Behavior (VA-TMS) (1 hour)**  
December **Applied Suicide Intervention Skills Training (ASIST), Train-The-Trainer**  
Living Works Education, Calgary Alberta Canada (40 hours)

October **Domestic Violence Interventions and Treatment**  
New Hampshire Army National Guard (2 hours)

September **VHI: Military Sexual Trauma Web Course (VA-TMS) (1 hour)**

September **Privacy and HIPAA Focused Training (VA-TMS) (1 hour)**

May **Anxiety and Panic - Evidence Base Treatments**  
PESI (home study) (8 hours)

April **Prolonged Exposure Therapy for PTSD**  
Dr. Edna Foa, University of Pennsylvania (32 hours)

January **VA Privacy and Information Security Awareness and Risk (VA-TMS) (1 hour)**

January **Psychological First Aid**  
New Hampshire Department of Health and Human Services (8 hours)

### **2012**

November **US Army Chaplain Captains Career Course**  
Fort Jackson, South Carolina (2 weeks)

September **Clinical Training: PTSD, TBI and Mental Health**  
Readjustment Counseling Services, Region 1A, Manchester, NH (16 hours)

September **Privacy and HIPAA Focused Training (VA-TMS) (1 hour)**

August **Cognitive Behavioral Therapy for PTSD and Trauma**  
Dr. Donald Meichenbaum, PHD, Cape Cod Institute, Orleans, MA (18 hours)

May **Suicide Assessment, Prevention and Care**  
Veterans Health Administration, Manchester, NH (8 hours)

April **Grief Care/Counseling**  
PESI, Portsmouth, NH (8 hours)

February **VA Privacy and Information Security Awareness and Rules (VA-TMS) (1 hour)**

### **2011**

October **Nonviolent Crisis Prevention Intervention Training**  
Anna Jaques Hospital, Newburyport, MA (8 hours)

August **US Army Family Life (Counseling) Chaplain School**  
US Army, Fort Bragg, NC (2 weeks)

### **2010**

September **US Army Chaplain Deployment (Operation New Dawn)**  
Camp Buehring, Kuwait (12 months)

March **Strong Bonds Marriage Seminar Certification Training (US ARMY)**  
US Army, Fort Jackson, SC

March **L.I.N.K.S Marriage Seminar Certification Training (US ARMY)**  
US Army, Fort Jackson, SC

January **US Army Chaplain Basic Officer Leader Course**

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US Army, Fort Jackson, SC (3.5 months)

### **2009**

October **Nonviolent Crisis Prevention Intervention Training**  
Anna Jaques Hospital, Newburyport, MA (8 hours)

March **Risk Assessment and Mental Status Exam**  
PESI Seminar, Boston, MA (8 hours)

### **2008**

October **Nonviolent Crisis Prevention Intervention Training**  
Anna Jaques Hospital, Newburyport, MA (8 hours)

### **2007**

April **Anger Management Trainer Certification-Intermediate**  
What's Good About Anger Institute, Chicago, IL (40 hours, home study)

February **Church Leadership Summit**  
Rev. Rick Warren, Willow Creek Community Church, Chicago, IL (16 hours)

### **2005**

October **Small Group Leadership Conference**  
Rev. Rick Warren, Willow Creek Community Church, Chicago, IL (16 hours)

### **2000**

May **Preaching for Life Change**  
Rev. Rick Warren, Saddleback Community Church, Saddleback, CA (16 hours)

### **1998**

October **Leadership for the Local Church**  
Rev. John Maxwell, PH.D, Rockford, IL (8 hours)

### **1994**

June **North American Conference for Itinerant Evangelists**  
Billy Graham Evangelistic Association, Louisville, KY (3 days)

### **1993**

February **Billy Graham School Of Evangelism**  
Billy Graham Evangelistic Association, Ashville, NC (3 days)

### **1987**

April **Prepare-Enrich Couples Assessment Certification**  
Gordon-Conwell Theological Seminary, South Hamilton MA

## **PRESENTATIONS**

### **2019**



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- September 12-13: Applied Suicide Intervention Skills Training Co-Facilitator (Lewiston Vet Center, Lewiston, ME)
- Sept. 7, 14, 21: 3 Day Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- July 31: 2 Day Applied Suicide Intervention Skills Training Co-Facilitator (US NAVY, Portsmouth Naval Shipyard)
- July 18: Marriage and Military Culture Impact Training (co-facilitate): Maine Military Culture Training Seminar, Augusta, ME.
- May 17-18: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- January: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA

### **2018**

- October 29: Expert Witness (Domestic Violence), Merrimack Family Division Court, Merrimack, NH
- September: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- September: PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- August: Applied Suicide Intervention Skills Training Co-Facilitator (Easter Seals, Manchester, NH)
- July: Mental Health Support for Veterans with PTSD – Staff Training: Teen Challenge Maine, Winthrop, ME
- May: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- April: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- February: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA

### **2017**

- December: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- August: Applied Suicide Intervention Skills Training Co-Facilitator (Manchester, NH)
- Yellow Ribbon (Air Force), Anger Management Presenter (Portsmouth, NH)
- EMERGE Batterer Intervention Group Facilitator (NEAM, Plaistow, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

### **2016**

- EMERGE Batterer Intervention Group Facilitator (Vet Center, Hooksett, NH)
- LINKS Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Manchester, NH)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- EMERGE Batterer Intervention Group Facilitator (NEAM, Plaistow, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

### **2015**

- LINKS Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (CT Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Delaware National Guard)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- EMERGE Batterer Intervention Group Facilitator (NEAM, Plaistow, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

### **2014**

- LINKS Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (CT Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Delaware National Guard)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Colorado Mesa University)
- North Country Veterans Conference, Anger Management Presenter (Portsmouth, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)
- Panel Presentation: Strengthening Veteran Community Connections (Manchester VAMC)

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## **2013**

- PREP Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- Seacoast Veterans Conference, Anger Management Presenter (Portsmouth, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

## **2012**

- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- PREP Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Anger Management Group Facilitator (Concord State Prison, Concord, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

## **2011**

- Anger Management Group Co-Facilitator (Camp Buehring, Kuwait)

## **2009**

- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

## **2004 – 2008**

- Anger Management Group Facilitator (Haverhill MA Community)

## **2003 - 2004**

- Anger Management Group Facilitator (Lighthouse Mission Ministries, Bellingham, WA)

## **PERSONAL**

- Date of Birth 9/28/62
- Married 1/12/85 (beautiful spouse, Michele)
- Children: Andrew, Carolyn, Catherine, James
- Hobbies: Running, Racquetball, Skiing, Nature photography, Reading