

Curriculum Vitae

Rev. Philip A. Meher, M. Ed., MA, LCMHC

New England Anger Management & Mental Health
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(Updated: May 2019)

SUMMARY

- 32 plus years pastoral counseling/couples counseling experience
- 9 years pastoral/clinical mental health counseling experience with military combat veterans
- 13 years specialized work with anger management/groups
- 7 years specialized work with domestic violence/batterer intervention groups
- Certifications/special training in trauma therapy/couples' therapy (PE, CPT, Gottman)
- Certifications to lead group marriage/couples' seminars (PREP, LINKS)
- Specialized training to lead suicide prevention workshops (ASIST)

EDUCATION

- May 2012 **Master of Education, Clinical Mental Health Counseling (GPA - 3.97)**
Plymouth State University, Plymouth NH
- May 1987 **Master of Arts, New Testament Theology**
Gordon-Conwell Theological Seminary, South Hamilton MA.
- May 1984 **Bachelor of Science, Pastoral Studies/Theology (Cum Laude)**
Valley Forge Christian College, Phoenixville PA
- May 1982 **Associate of Arts, Liberal Arts Studies (Cum Laude)**
Holyoke Community College, Holyoke MA

LICENSES AND CERTIFICATIONS

- 2019 **Certified Gottman (Marriage/Couples) Therapist**
The Gottman Institute, Seattle, WA
- 2016 **Certified Prolonged Exposure Therapist (PTSD)**
Center for the Treatment & Study of Anxiety, University of Pennsylvania
- 2016 **Certified Cognitive Processing Therapist (PTSD)**
Veterans' Health Administration
- 2014 **Licensed Clinical Mental Health Counselor (LCMHC)**
State of New Hampshire (#1072)

Curriculum Vitae

- 2014 **Registered ASIST Trainer (Applied Suicide Intervention Skills Training)**
Living Works Education, Calgary Alberta Canada
- 2011 **Family Life Chaplain Designation, United States Army**
Army Family Life Chaplain School, Fort Bragg, NC
- 2010 **Strong Bonds Marriage Seminar Provider (US ARMY)**
US Army, Fort Jackson, SC
- 2010 **L.I.N.K.S Marriage Seminar Provider (US ARMY)**
US Army, Fort Jackson, SC
- 2007 **Certified Anger Management Trainer (Intermediate)**
What's Good About Anger Institute, Chicago, IL
- 1992 **Ministerial Ordination (current - Christian and Missionary Alliance)**
Alliance New England, South Easton, MA
- 1987 **Prepare/Enrich Certification (Premarital/Marriage Counseling Inventory)**
Prepare-Enrich, Roseville, MN

PROFESSIONAL WORK EXPERIENCE

- 11/2017 – Present Lewiston Vet Center (Veterans Administration); Lewiston, ME
Readjustment Counseling Therapist/Marriage-Family Therapist
- 01/2012 – 11/2017 Manchester Vet Center (Veterans Administration); Manchester, NH
Readjustment Counseling Therapist
- 09/2009 – 10/2018 New Hampshire Army National Guard; Concord, NH
US Army Chaplain, 197th Fires Brigade
- 09/2008 – Present New England Anger Management & Mental Health; Plaistow, NH
Pastoral/Clinical Mental Health Counselor
- 09/2008 – 01/2012 Ana Jaques Hospital; Newburyport, MA
Psychiatric Counselor (Per Diem)
- 09/2008 – 01/2010 Holy Family Hospital; Methuen, MA
Mental Health Counselor
- 09/2004 – 09/2008 Haverhill Alliance Church; Haverhill, MA
Senior Pastor
- 01/2002 – 10/2003 Lighthouse Mission Ministries; Bellingham, WA
Anger Management/Life Skills Group Instructor (Part-Time)
- 09/1999 – 10/2003 New Life Fellowship Church; Lynden, WA
Senior Pastor

Curriculum Vitae

- 09/1996 – 09/1999 Christian Assembly of God Church; Zion, IL
Senior Pastor
- 01/1996 - 09/1996 Teen Challenge Ministries; Chicago, IL
Interim Education Director (Drug/Alcohol Rehabilitation)
- 04/1991 – 12/1995 Elm Street Congregational Church; Fitchburg, MA
Senior Pastor
- 01 /1988 - 03/1989 Christian Trinity Church; Eastpointe, MI
Youth Minister
- 09/1984 - 12/1987 Elm Street Congregational Church; Fitchburg, MA
Youth Minister (Part-time)

PROFESSIONAL MEMBERSHIPS/INVOLVMENT

- 1999 - present Christian & Missionary Alliance (Ordination - Colorado Springs Colorado)
- 2009 - 2018 New Hampshire Army National Guard, 197th Fires Brigade (Concord, NH)
- 2015 - 2017 Justice Involved Veterans Task Force, NH Department of HHS
- 2004 - 2008 Greater Haverhill Clergy Association (Haverhill MA)
- 2005 - 2006 Civil Air Patrol Chaplain, Essex County Composite Squadron (MA)
- 2000 - 2002 Citizenship Committee, Lynden Middle School (Lynden, WA)
- 1998 - 1999 Mayor's Beautification Committee, Chairman (Zion, IL)
- 1994 - 1995 Fitchburg Pledge for Peace Campaign (Fitchburg, MA)
- 1994 - 1995 Montachusett Council of Churches, VP for Outreach (Fitchburg, MA)
- 1988 - 1999 Assemblies of God (Ordination - Springfield, MO)

AWARDS AND ACHIEVEMENTS:

- 2016 Promotion, Major, US Army Chaplain, NH Army National Guard
- 2011 Meritorious Service Medal (MSM), US Army Combat Deployment
- 2011 Army Reserve Component Achievement Medal (ARCAM)
- 2011 National Defense Service Medal (NDSM), US Army
- 2011 Army Service Ribbon (ASR)
- 2011 Overseas Service Ribbon (OSR), US Army
- 2011 Armed Forces Reserve Medal (AFRMM)
- 2011 Global War on Terrorism Expeditionary Medal (GWOTE)
- 2011 Global War on Terrorism Service Medal (GWOTSM)
- 2010 Direct Commission, Captain, US Army Chaplain, NH Army National Guard
- 1984 Cum Laude Graduate, Valley Forge Christian College
- 1982 Cum Laude Graduate, Holyoke Community College

PROFESSIONAL DEVELOPMENT

(note: "VA-TMS" refers to the Veterans Administration Training Management System - online training)

2019

- May **Complete Gottman (Marriage/Couples) Consultation for Certification**
The Gottman Institute, Seattle, WA (begun February 2017)

Curriculum Vitae

March **Readjustment Counseling Service Training (PTSD/Suicide/Trauma/Ethics)**
RCS, Mystic, CT, March 18-22, 2019 (27.5 CEU hours)

January **VHA Intimate Partner Violence (IPV) Assistance Program Training Series: Overview & Introduction:** January 23, 2019, LeAnn Bruce, PhD, LCSW, MVF-CSW, Veterans Health Administration, (1.5 CEU)

Trauma Informed Guilt Reduction Therapy (Norman Sonya, Ph.D.)
Tampa Florida Vet Center (2 hour V-TEL Training at Lewiston, ME Vet Center)

2018

September **Privacy and HIPAA Training (VA-TMS) (1 CEU)**
Government Ethics – The Essentials (1 CEU)
Prevention of Workplace Harassment/No FEAR (1.5 hours)
Suicide Risk Management For Clinicians (Refresher) (1.5 hours)
Social Work Leadership – Ethics in Leadership & Health Care (1 CEU)

August **Readjustment Counseling Service Training (PTSD/Suicide/Trauma/Ethics)**
RCS, Baltimore, MD, August 14-17, 2018 (23 CEU hours)

April **Acceptance & Commitment Therapy: 2-Day Intensive ACT Training**
PESI, Taunton, MA (12.5 CEU hours)

2017

September **Suicidal Risk Management For Clinicians**
VA-TMS (1 CEU)

March **HeartCode BLS (Basic Life Support)**
Veteran's Administration (online and practicum)

February **Prevention & Management of Disruptive Behavior Level II**
Veterans Administration

February **Begin Gottman (Marriage/Couples) Consultation For Certification**
The Gottman Institute, Seattle, WA

2016

December **Cognitive Behavioral Therapy for Depression (CBT-D)**
Center for Deployment Psychology (13.5 CE hours, online training)

November **Level 3 Clinical Training: Gottman Method Couples Therapy, Practicum Training**
National Marriage Seminars, Memphis, TN (20 CE hours)

Curriculum Vitae

October	Standards of Ethical Conduct, Professional Boundaries (VA, TMS) (1 CEU)
September	Annual Government Ethics Training (VA, TMS) (1 CEU)
September	Privacy and HIPAA Training (VA, TMS) (1 CEU)
July	Prevention of Workplace Harassment/No FEAR (VA, TMS) (1 CEU)
June	Level 2 Clinical: Gottman Couples Therapy, Assessment, Intervention/Co-Morbidities National Marriage Seminars, Orlando, FL (20 CE hours)
March	Overseas Deployment Training, US Army Chaplains USAG, Grafenwoehr Army Base, Grafenwoehr, Germany (3 weeks)

2015

December	VA Privacy/Information, Security Awareness, Rules of Behavior (VA-TMS) (1 CEU)
October	Cognitive Processing Therapy (CPT) for PTSD: Veteran/Military Version VA Employee Education System, Auburn, MA (20 CE hours)
October	Counseling Abusers (Domestic Violence): Advanced Training for Group Leaders Emerge, Dr. David Adams, Cambridge, MA. (14 CE hours)
September	Annual Government Ethics Training (VA-TMS) (1 CEU)
September	Privacy and HIPAA Focused Training (VA-TMS) (1 CEU)
September	Level 1 Clinical: Gottman Method Couples Therapy, Bridging the Couple Chasm National Marriage Seminars, Long Island City, NY (12 CE hours)
July	PTSD Consultation: Cognitive Processing Therapy (VA-TMS) (1 CEU)
June	Standards for Ethical Conduct, Professional Boundaries (VA-TMS) (1 CEU)
June	NH DHHS, Justice Involved Veterans Conference Veterans Involved Justice Task Force, NH DHHS (5 CEUs)
June	Non-Medication Treatments for ADHD Dr. David Nowell, PH.D, PESI, Manchester, NH (6.25 CE hours)
April	VHI: Military Sexual Trauma Web Course (VA-TMS) (2.5 CEU)
March	Killing In War: Research and Treatment (VA-TMS) (1 CEU)
February	DSM-5 Training: What You Need To Know (VA-TMS) (1 CEU)
January	PTSD and Patient Engagement in Evidence Based Practice (VA-TMS) (1 CEU)
January	VA Privacy and Information Security Awareness and Rules (VA-TMS) (1 CEU)

2014

December	Healing the Angry Brain Dr. Ron Potter-Efron, PHD, LICSW, CADCI, PESI, Manchester NH (6 CE hours)
December	PTSD and Cannabis Use (VA-TMS)(1 CEU)
October	The Dissociative Subtype of PTSD (VA-TMS)(1 CEU)
August	When to Consider DBT for Patients with PTSD (VA-TMS)(1 CEU)
August	Privacy and HIPAA Focused Training (VA-TMS)(1 CEU)
August	Caring for Women Veterans (VA-TMS)(1 CEU)
August	Prevention of Workplace Harassment/No Fear (VA-TMS)(1 CEU)
August	Annual Government Ethics Training (VA-TMS)(1 CEU)
August	Suicide Risk Management Training For Clinicians (VA-TMS)(1 CEU)
August	VA Privacy and Information Security Awareness and Risk (VA-TMS)(1 CEU)
May	Using Prolonged Exposure in Clinical Practice Dr. Claudia Zayfert, NH Mental Health Symposium (8 hours)
March	Substance Abuse Subtle Screening Inventory (SASI), Clinical Interpretation NH DHHS, Manchester, NH (3.5 hours)
January	Introductory Domestic Violence Training: Counseling Abusers

Curriculum Vitae

Jan/Sept Emerge, Dr. David Adams, Cambridge MA (20 hours)
Batterer Intervention Group Observation
Emerge, Cambridge, MA (6 groups, 12 hours)

2013

December **Prevention and Management of Disruptive Behavior (VA-TMS) (1 hour)**
December **Applied Suicide Intervention Skills Training (ASIST), Train-The-Trainer**
Living Works Education, Calgary Alberta Canada (40 hours)
October **Domestic Violence Interventions and Treatment**
New Hampshire Army National Guard (2 hours)
September **VHI: Military Sexual Trauma Web Course (VA-TMS) (1 hour)**
September **Privacy and HIPAA Focused Training (VA-TMS) (1 hour)**
May **Anxiety and Panic - Evidence Base Treatments**
PESI (home study) (8 hours)
April **Prolonged Exposure Therapy for PTSD**
Dr. Edna Foa, University of Pennsylvania (32 hours)
January **VA Privacy and Information Security Awareness and Risk (VA-TMS) (1 hour)**
January **Psychological First Aid**
New Hampshire Department of Health and Human Services (8 hours)

2012

November **US Army Chaplain Captains Career Course**
Fort Jackson, South Carolina (2 weeks)
September **Clinical Training: PTSD, TBI and Mental Health**
Readjustment Counseling Services, Region 1A, Manchester, NH (16 hours)
September **Privacy and HIPAA Focused Training (VA-TMS) (1 hour)**
August **Cognitive Behavioral Therapy for PTSD and Trauma**
Dr. Donald Meichenbaum, PHD, Cape Cod Institute, Orleans, MA (18 hours)
May **Suicide Assessment, Prevention and Care**
Veterans Health Administration, Manchester, NH (8 hours)
April **Grief Care/Counseling**
PESI, Portsmouth, NH (8 hours)
February **VA Privacy and Information Security Awareness and Rules (VA-TMS) (1 hour)**

2011

October **Nonviolent Crisis Prevention Intervention Training**
Anna Jaques Hospital, Newburyport, MA (8 hours)
August **US Army Family Life (Counseling) Chaplain School**
US Army, Fort Bragg, NC (2 weeks)

2010

September **US Army Chaplain Deployment (Operation New Dawn)**
Camp Buehring, Kuwait (12 months)
March **Strong Bonds Marriage Seminar Certification Training (US ARMY)**
US Army, Fort Jackson, SC
March **L.I.N.K.S Marriage Seminar Certification Training (US ARMY)**

Curriculum Vitae

January US Army, Fort Jackson, SC
US Army Chaplain Basic Officer Leader Course
US Army, Fort Jackson, SC (3.5 months)

2009

October **Nonviolent Crisis Prevention Intervention Training**
Anna Jaques Hospital, Newburyport, MA (8 hours)
March **Risk Assessment and Mental Status Exam**
PESI Seminar, Boston, MA (8 hours)

2008

October **Nonviolent Crisis Prevention Intervention Training**
Anna Jaques Hospital, Newburyport, MA (8 hours)

2007

April **Anger Management Trainer Certification-Intermediate**
What's Good About Anger Institute, Chicago, IL (40 hours, home study)
February **Church Leadership Summit**
Rev. Rick Warren, Willow Creek Community Church, Chicago, IL (16 hours)

2005

October **Small Group Leadership Conference**
Rev. Rick Warren, Willow Creek Community Church, Chicago, IL (16 hours)

2000

May **Preaching for Life Change**
Rev. Rick Warren, Saddleback Community Church, Saddleback, CA (16 hours)

1998

October **Leadership for the Local Church**
Rev. John Maxwell, PH.D, Rockford, IL (8 hours)

1994

June **North American Conference for Itinerant Evangelists**
Billy Graham Evangelistic Association, Louisville, KY (3 days)

1993

February **Billy Graham School Of Evangelism**
Billy Graham Evangelistic Association, Ashville, NC (3 days)

1987

April **Prepare-Enrich Couples Assessment Certification**
Gordon-Conwell Theological Seminary, South Hamilton MA

Curriculum Vitae

PRESENTATIONS

2019

- January: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA

2018

- October 29: Expert Witness (Domestic Violence), Merrimack Family Division Court, Merrimack, NH
- September: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- September: PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- August: Applied Suicide Intervention Skills Training Co-Facilitator (Easter Seals, Manchester, NH)
- May: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- April: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- February: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA

2017

- December: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- August: Applied Suicide Intervention Skills Training Co-Facilitator (Manchester, NH)
- Yellow Ribbon (Air Force), Anger Management Presenter (Portsmouth, NH)
- EMERGE Batterer Intervention Group Facilitator (NEAM, Plaistow, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

2016

- EMERGE Batterer Intervention Group Facilitator (Vet Center, Hooksett, NH)
- LINKS Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Manchester, NH)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- EMERGE Batterer Intervention Group Facilitator (NEAM, Plaistow, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

2015

- LINKS Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (CT Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Delaware National Guard)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- EMERGE Batterer Intervention Group Facilitator (NEAM, Plaistow, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

2014

- LINKS Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (CT Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Delaware National Guard)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Colorado Mesa University)
- North Country Veterans Conference, Anger Management Presenter (Portsmouth, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)
- Panel Presentation: Strengthening Veteran Community Connections (Manchester VAMC)

Curriculum Vitae

2013

- PREP Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- Seacoast Veterans Conference, Anger Management Presenter (Portsmouth, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

2012

- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- PREP Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Anger Management Group Facilitator (Concord State Prison, Concord, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

2011

- Anger Management Group Co-Facilitator (Camp Buehring, Kuwait)

2009

- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

2004 – 2008

- Anger Management Group Facilitator (Haverhill MA Community)

2003 - 2004

- Anger Management Group Facilitator (Lighthouse Mission Ministries, Bellingham, WA)

PERSONAL

- Date of Birth 9/28/62
- Married 1/12/85 (beautiful spouse, Michele)
- Children: Andrew, Carolyn, Catherine, James
- Hobbies: Running, Racquetball, Skiing, Nature photography, Reading