

Curriculum Vitae

Rev. Philip A. Meher, M. Ed., MA, LCMHC

New England Anger Management & Mental Health
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(Updated: September 2019)

SUMMARY

- 32 plus years pastoral counseling/couples counseling experience
- 10 years pastoral/clinical mental health counseling experience with military combat veterans
- 14 years specialized work with anger management/groups
- 8 years specialized work with domestic violence/batterer intervention groups
- Certifications/special training in trauma therapy/couples' therapy (PE, CPT, Gottman)
- Certifications to lead group marriage/couples' seminars (PREP, LINKS)
- Specialized training to lead suicide prevention workshops (ASIST)

EDUCATION

- May 2012 **Master of Education, Clinical Mental Health Counseling (GPA - 3.97)**
Plymouth State University, Plymouth NH
- May 1987 **Master of Arts, New Testament Theology**
Gordon-Conwell Theological Seminary, South Hamilton MA.
- May 1984 **Bachelor of Science, Pastoral Studies/Theology (Cum Laude)**
Valley Forge Christian College, Phoenixville PA
- May 1982 **Associate of Arts, Liberal Arts Studies (Cum Laude)**
Holyoke Community College, Holyoke MA

LICENSES AND CERTIFICATIONS

- 2019 **ASIST Master Trainer (Applied Suicide Intervention Skills Training)**
Living Works Education, Calgary Alberta Canada
- Certified Gottman (Marriage/Couples) Therapist**
The Gottman Institute, Seattle, WA
- 2016 **Certified Prolonged Exposure Therapist (PTSD)**
Center for the Treatment & Study of Anxiety, University of Pennsylvania
- 2016 **Certified Cognitive Processing Therapist (PTSD)**
Veterans' Health Administration

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- 2014 **Licensed Clinical Mental Health Counselor (LCMHC)**
State of New Hampshire (#1072)
- 2014 **Registered ASIST Trainer (Applied Suicide Intervention Skills Training)**
Living Works Education, Calgary Alberta Canada
- 2011 **Family Life Chaplain Designation, United States Army**
Army Family Life Chaplain School, Fort Bragg, NC
- 2010 **Strong Bonds Marriage Seminar Provider (US ARMY)**
US Army, Fort Jackson, SC
- 2010 **L.I.N.K.S Marriage Seminar Provider (US ARMY)**
US Army, Fort Jackson, SC
- 2007 **Certified Anger Management Trainer (Intermediate)**
What's Good About Anger Institute, Chicago, IL
- 1992 **Ministerial Ordination (current - Christian and Missionary Alliance)**
Alliance New England, South Easton, MA
- 1987 **Prepare/Enrich Certification (Premarital/Marriage Counseling Inventory)**
Prepare-Enrich, Roseville, MN

PROFESSIONAL WORK EXPERIENCE

- 11/2017 – Present Lewiston Vet Center (Veterans Administration); Lewiston, ME
Readjustment Counseling Therapist/Marriage-Family Therapist
- 01/2012 – 11/2017 Manchester Vet Center (Veterans Administration); Manchester, NH
Readjustment Counseling Therapist
- 09/2009 – 10/2018 New Hampshire Army National Guard; Concord, NH
US Army Chaplain, 197th Fires Brigade
- 09/2008 – Present New England Anger Management & Mental Health; Plaistow, NH
Pastoral/Clinical Mental Health Counselor
- 09/2008 – 01/2012 Ana Jaques Hospital; Newburyport, MA
Psychiatric Counselor (Per Diem)
- 09/2008 – 01/2010 Holy Family Hospital; Methuen, MA
Mental Health Counselor
- 09/2004 – 09/2008 Haverhill Alliance Church; Haverhill, MA
Senior Pastor
- 01/2002 – 10/2003 Lighthouse Mission Ministries; Bellingham, WA
Anger Management/Life Skills Group Instructor (Part-Time)

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- 09/1999 – 10/2003 New Life Fellowship Church; Lynden, WA
Senior Pastor
- 09/1996 – 09/1999 Christian Assembly of God Church; Zion, IL
Senior Pastor
- 01/1996 - 09/1996 Teen Challenge Ministries; Chicago, IL
Interim Education Director (Drug/Alcohol Rehabilitation)
- 04/1991 – 12/1995 Elm Street Congregational Church; Fitchburg, MA
Senior Pastor
- 01 /1988 - 03/1989 Christian Trinity Church; Eastpointe, MI
Youth Minister
- 09/1984 - 12/1987 Elm Street Congregational Church; Fitchburg, MA
Youth Minister (Part-time)

PROFESSIONAL MEMBERSHIPS/INVOLVMENT

- 1999 - present Christian & Missionary Alliance (Ordination - Colorado Springs Colorado)
- 2009 - 2018 New Hampshire Army National Guard, 197th Fires Brigade (Concord, NH)
- 2015 - 2017 Justice Involved Veterans Task Force, NH Department of HHS
- 2004 - 2008 Greater Haverhill Clergy Association (Haverhill MA)
- 2005 - 2006 Civil Air Patrol Chaplain, Essex County Composite Squadron (MA)
- 2000 - 2002 Citizenship Committee, Lynden Middle School (Lynden, WA)
- 1998 - 1999 Mayor's Beautification Committee, Chairman (Zion, IL)
- 1994 - 1995 Fitchburg Pledge for Peace Campaign (Fitchburg, MA)
- 1994 - 1995 Montachusett Council of Churches, VP for Outreach (Fitchburg, MA)
- 1988 - 1999 Assemblies of God (Ordination - Springfield, MO)

AWARDS AND ACHIEVEMENTS:

- 2016 Promotion, Major, US Army Chaplain, NH Army National Guard
- 2011 Meritorious Service Medal (MSM), US Army Combat Deployment
- 2011 Army Reserve Component Achievement Medal (ARCAM)
- 2011 National Defense Service Medal (NDSM), US Army
- 2011 Army Service Ribbon (ASR)
- 2011 Overseas Service Ribbon (OSR), US Army
- 2011 Armed Forces Reserve Medal (AFRMM)
- 2011 Global War on Terrorism Expeditionary Medal (GWOTE)
- 2011 Global War on Terrorism Service Medal (GWOTSM)
- 2010 Direct Commission, Captain, US Army Chaplain, NH Army National Guard
- 1984 Cum Laude Graduate, Valley Forge Christian College
- 1982 Cum Laude Graduate, Holyoke Community College

PROFESSIONAL DEVELOPMENT

(note: "VA-TMS" refers to the Veterans Administration Training Management System - online training)

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2019

- June CAMS-CARE: Assessing & Treating Suicidal Risk. David A. Jobes, Ph.D, ABPP. American Association of Suicidology – 3 CEUs. June 18, 2019.
- May **Complete Gottman (Marriage/Couples) Consultation for Certification**
The Gottman Institute, Seattle, WA (begun February 2017)
- VHA Intimate Partner Violence (IPV) Assistance Program Training Series – Program Evaluation, Metrics, and Best Practices (TMS):** May 22, 2019, LeAnn Bruce, PhD, LCSW, National Program Manager, Intimate Violence Partner Assistance Program
- March **Readjustment Counseling Service Training (PTSD/Suicide/Trauma/Ethics)**
RCS, Mystic, CT, March 18-22, 2019 (27.5 CEU hours)
- January **VHA Intimate Partner Violence (IPV) Assistance Program Training Series: – Overview & Introduction (TMS):** January 23, 2019, LeAnn Bruce, PhD, LCSW, MVF-CSW, Veterans Health Administration, (1.5 CEU)
- Trauma Informed Guilt Reduction Therapy** (Norman Sonya, Ph.D.)
Tampa Florida Vet Center (2 hour V-TEL Training at Lewiston, ME Vet Center)

2018

- September **Privacy and HIPAA Training (VA-TMS) (1 CEU)**
Government Ethics – The Essentials (1 CEU)
Prevention of Workplace Harassment/No FEAR (1.5 hours)
Suicide Risk Management For Clinicians (Refresher) (1.5 hours)
Social Work Leadership – Ethics in Leadership & Health Care (1 CEU)
- August **Readjustment Counseling Service Training (PTSD/Suicide/Trauma/Ethics)**
RCS, Baltimore, MD, August 14-17, 2018 (23 CEU hours)
- April **Acceptance & Commitment Therapy: 2-Day Intensive ACT Training**
PESI, Taunton, MA (12.5 CEU hours)

2017

- September **Suicidal Risk Management For Clinicians**
VA-TMS (1 CEU)
- March **HeartCode BLS (Basic Life Support)**
Veteran's Administration (online and practicum)
- February **Prevention & Management of Disruptive Behavior Level II**
Veterans Administration

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February **Begin Gottman (Marriage/Couples) Consultation For Certification**
The Gottman Institute, Seattle, WA

2016

December **Cognitive Behavioral Therapy for Depression (CBT-D)**
Center for Deployment Psychology (13.5 CE hours, online training)

November **Level 3 Clinical Training: Gottman Method Couples Therapy, Practicum Training**
National Marriage Seminars, Memphis, TN (20 CE hours)

October **Standards of Ethical Conduct, Professional Boundaries (VA, TMS) (1 CEU)**

September **Annual Government Ethics Training (VA, TMS) (1 CEU)**

September **Privacy and HIPAA Training (VA, TMS) (1 CEU)**

July **Prevention of Workplace Harassment/No FEAR (VA, TMS) (1 CEU)**

June **Level 2 Clinical: Gottman Couples Therapy, Assessment, Intervention/Co-Morbidities**
National Marriage Seminars, Orlando, FL (20 CE hours)

March **Overseas Deployment Training, US Army Chaplains**
USAG, Grafenwoehr Army Base, Grafenwoehr, Germany (3 weeks)

2015

December **VA Privacy/Information, Security Awareness, Rules of Behavior (VA-TMS) (1 CEU)**

October **Cognitive Processing Therapy (CPT) for PTSD: Veteran/Military Version**
VA Employee Education System, Auburn, MA (20 CE hours)

October **Counseling Abusers (Domestic Violence): Advanced Training for Group Leaders**
Emerge, Dr. David Adams, Cambridge, MA. (14 CE hours)

September **Annual Government Ethics Training (VA-TMS) (1 CEU)**

September **Privacy and HIPAA Focused Training (VA-TMS) (1 CEU)**

September **Level 1 Clinical: Gottman Method Couples Therapy, Bridging the Couple Chasm**
National Marriage Seminars, Long Island City, NY (12 CE hours)

July **PTSD Consultation: Cognitive Processing Therapy (VA-TMS) (1 CEU)**

June **Standards for Ethical Conduct, Professional Boundaries (VA-TMS) (1 CEU)**

June **NH DHHS, Justice Involved Veterans Conference**
Veterans Involved Justice Task Force, NH DHHS (5 CEUs)

June **Non-Medication Treatments for ADHD**
Dr. David Nowell, PH.D, PESI, Manchester, NH (6.25 CE hours)

April **VHI: Military Sexual Trauma Web Course (VA-TMS) (2.5 CEU)**

March **Killing In War: Research and Treatment (VA-TMS) (1 CEU)**

February **DSM-5 Training: What You Need To Know (VA-TMS) (1 CEU)**

January **PTSD and Patient Engagement in Evidence Based Practice (VA-TMS) (1 CEU)**

January **VA Privacy and Information Security Awareness and Rules (VA-TMS) (1 CEU)**

2014

December **Healing the Angry Brain**
Dr. Ron Potter-Efron, PHD, LICSW, CADCII, PESI, Manchester NH (6 CE hours)

December **PTSD and Cannabis Use (VA-TMS)(1 CEU)**

October **The Dissociative Subtype of PTSD (VA-TMS)(1 CEU)**

August **When to Consider DBT for Patients with PTSD (VA-TMS)(1 CEU)**

August **Privacy and HIPAA Focused Training (VA-TMS)(1 CEU)**

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August **Caring for Women Veterans (VA-TMS)(1 CEU)**
August **Prevention of Workplace Harassment/No Fear (VA-TMS)(1 CEU)**
August **Annual Government Ethics Training (VA-TMS)(1 CEU)**
August **Suicide Risk Management Training For Clinicians (VA-TMS)(1 CEU)**
August **VA Privacy and Information Security Awareness and Risk (VA-TMS)(1 CEU)**
May **Using Prolonged Exposure in Clinical Practice**
Dr. Claudia Zayfert, NH Mental Health Symposium (8 hours)
March **Substance Abuse Subtle Screening Inventory (SASI), Clinical Interpretation**
NH DHHS, Manchester, NH (3.5 hours)
January **Introductory Domestic Violence Training: Counseling Abusers**
Emerge, Dr. David Adams, Cambridge MA (20 hours)
Jan/Sept **Batterer Intervention Group Observation**
Emerge, Cambridge, MA (6 groups, 12 hours)

2013

December **Prevention and Management of Disruptive Behavior (VA-TMS) (1 hour)**
December **Applied Suicide Intervention Skills Training (ASIST), Train-The-Trainer**
Living Works Education, Calgary Alberta Canada (40 hours)
October **Domestic Violence Interventions and Treatment**
New Hampshire Army National Guard (2 hours)
September **VHI: Military Sexual Trauma Web Course (VA-TMS) (1 hour)**
September **Privacy and HIPAA Focused Training (VA-TMS) (1 hour)**
May **Anxiety and Panic - Evidence Base Treatments**
PESI (home study) (8 hours)
April **Prolonged Exposure Therapy for PTSD**
Dr. Edna Foa, University of Pennsylvania (32 hours)
January **VA Privacy and Information Security Awareness and Risk (VA-TMS) (1 hour)**
January **Psychological First Aid**
New Hampshire Department of Health and Human Services (8 hours)

2012

November **US Army Chaplain Captains Career Course**
Fort Jackson, South Carolina (2 weeks)
September **Clinical Training: PTSD, TBI and Mental Health**
Readjustment Counseling Services, Region 1A, Manchester, NH (16 hours)
September **Privacy and HIPAA Focused Training (VA-TMS) (1 hour)**
August **Cognitive Behavioral Therapy for PTSD and Trauma**
Dr. Donald Meichenbaum, PHD, Cape Cod Institute, Orleans, MA (18 hours)
May **Suicide Assessment, Prevention and Care**
Veterans Health Administration, Manchester, NH (8 hours)
April **Grief Care/Counseling**
PESI, Portsmouth, NH (8 hours)
February **VA Privacy and Information Security Awareness and Rules (VA-TMS) (1 hour)**

2011

October **Nonviolent Crisis Prevention Intervention Training**
Anna Jaques Hospital, Newburyport, MA (8 hours)

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August **US Army Family Life (Counseling) Chaplain School**
US Army, Fort Bragg, NC (2 weeks)

2010

September **US Army Chaplain Deployment (Operation New Dawn)**
Camp Buehring, Kuwait (12 months)

March **Strong Bonds Marriage Seminar Certification Training (US ARMY)**
US Army, Fort Jackson, SC

March **L.I.N.K.S Marriage Seminar Certification Training (US ARMY)**
US Army, Fort Jackson, SC

January **US Army Chaplain Basic Officer Leader Course**
US Army, Fort Jackson, SC (3.5 months)

2009

October **Nonviolent Crisis Prevention Intervention Training**
Anna Jaques Hospital, Newburyport, MA (8 hours)

March **Risk Assessment and Mental Status Exam**
PESI Seminar, Boston, MA (8 hours)

2008

October **Nonviolent Crisis Prevention Intervention Training**
Anna Jaques Hospital, Newburyport, MA (8 hours)

2007

April **Anger Management Trainer Certification-Intermediate**
What's Good About Anger Institute, Chicago, IL (40 hours, home study)

February **Church Leadership Summit**
Rev. Rick Warren, Willow Creek Community Church, Chicago, IL (16 hours)

2005

October **Small Group Leadership Conference**
Rev. Rick Warren, Willow Creek Community Church, Chicago, IL (16 hours)

2000

May **Preaching for Life Change**
Rev. Rick Warren, Saddleback Community Church, Saddleback, CA (16 hours)

1998

October **Leadership for the Local Church**
Rev. John Maxwell, PH.D, Rockford, IL (8 hours)

1994

June **North American Conference for Itinerant Evangelists**
Billy Graham Evangelistic Association, Louisville, KY (3 days)

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1993

February **Billy Graham School Of Evangelism**
Billy Graham Evangelistic Association, Ashville, NC (3 days)

1987

April **Prepare-Enrich Couples Assessment Certification**
Gordon-Conwell Theological Seminary, South Hamilton MA

PRESENTATIONS

2019

- September 12-13: Applied Suicide Intervention Skills Training Co-Facilitator (Lewiston Vet Center, Lewiston, ME)
- Sept. 7, 14, 21: 3 Day Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- July 31: 2 Day Applied Suicide Intervention Skills Training Co-Facilitator (US NAVY, Portsmouth Navel Shipyard)
- July 18: Marriage and Military Culture Impact Training (co-facilitate): Maine Military Culture Training Seminar, Augusta, ME.
- May 17-18: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- January: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA

2018

- October 29: Expert Witness (Domestic Violence), Merrimack Family Division Court, Merrimack, NH
- September: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- September: PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- August: Applied Suicide Intervention Skills Training Co-Facilitator (Easter Seals, Manchester, NH)
- May: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- April: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- February: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA

2017

- December: 2 Day Intensive Anger Management Workshop, Hampton Inn/Suites, Haverhill, MA
- August: Applied Suicide Intervention Skills Training Co-Facilitator (Manchester, NH)
- Yellow Ribbon (Air Force), Anger Management Presenter (Portsmouth, NH)
- EMERGE Batterer Intervention Group Facilitator (NEAM, Plaistow, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

2016

- EMERGE Batterer Intervention Group Facilitator (Vet Center, Hooksett, NH)
- LINKS Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Manchester, NH)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- EMERGE Batterer Intervention Group Facilitator (NEAM, Plaistow, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

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2015

- LINKS Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (CT Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Delaware National Guard)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- EMERGE Batterer Intervention Group Facilitator (NEAM, Plaistow, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

2014

- LINKS Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (CT Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Delaware National Guard)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- Applied Suicide Intervention Skills Training Co-Facilitator (Colorado Mesa University)
- North Country Veterans Conference, Anger Management Presenter (Portsmouth, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)
- Panel Presentation: Strengthening Veteran Community Connections (Manchester VAMC)

2013

- PREP Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- Seacoast Veterans Conference, Anger Management Presenter (Portsmouth, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

2012

- PREP Marriage Seminar Co-Facilitator (Portsmouth, NH Army National Guard)
- PREP Marriage Seminar Co-Facilitator (Lakes Region, NH Army National Guard)
- Anger Management Group Facilitator (Concord State Prison, Concord, NH)
- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

2011

- Anger Management Group Co-Facilitator (Camp Buehring, Kuwait)

2009

- Anger Management Group Facilitator (New England Anger Management, Plaistow, NH)

2004 – 2008

- Anger Management Group Facilitator (Haverhill MA Community)

2003 - 2004

- Anger Management Group Facilitator (Lighthouse Mission Ministries, Bellingham, WA)

PERSONAL

- Date of Birth 9/28/62
- Married 1/12/85 (beautiful spouse, Michele)
- Children: Andrew, Carolyn, Catherine, James

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- Hobbies: Running, Racquetball, Skiing, Nature photography, Reading